

Course Code: To be Given
Course Name: NSS for Youth
Nature of the Course: Skill Enhancement Course (SEC)
Distribution of Marks: 60 (End Sem) + 40 (In Sem)
Total Credits: 3(2 – 0 – 1)

Important Note

This course is a prerequisite for the course **NSS in Community Engagement**, i.e., if anyone wants to take the course **NSS in Community Engagement** in Higher Semester, this course has to be taken.

Course Objectives:

1. To explain the nature, functions and importance of NSS.
2. To explain the role of NSS in the context of youth, community and voluntary service.
3. To develop the necessary communication and soft skills.
4. To appreciate the importance of health, hygiene and sanitation for a healthy nation.
5. To develop the concept and skills of managing environment issues and disaster management.

Course Contents:

Unit	Topics	Contact Hours		
		Lectures	Tutorials	Experiential Learning
I	Introduction to NSS <ul style="list-style-type: none"> • NSS as an organization (Aims & Objectives, Structure, Functioning&Funding) • Formation and functions of Advisory Committee of the NSS Unit • Needs and Preparation of Annual Activity Plan of NSS Unit • Activities under NSS: Regular Activities and SpecialActivities including Special CampingProgramme • Village/Slum Adoption: Procedure and Guidelines, Maintaining records of the Village / Slum • Collaboration with other Govt. agencies, NGOs&Voluntary Organizations 	6	0	3
II	Life Competencies, Youth Leadership and NSS <ul style="list-style-type: none"> • Definition and Importance of Life Competencies • Communication and Soft Skills • Using the Internet: Social media and Role of NSS Volunteers • Youth Leadership and Role of NSS Volunteers 	6	0	9

	<ul style="list-style-type: none"> • Camping in NSS for Youth Leadership: National and Regional Level Camps, Pre RD and RD Camps, Youth Parliaments, International Youth Exchange Programmes, Youth Delegations • Awards in NSS: University Level, State Level and National Level – Procedure and Guidelines 			
III	<p>Youth Health and Role of NSS</p> <ul style="list-style-type: none"> • Concept and Importance of Health, Hygiene and Sanitation • Concept and Elements of Healthy Lifestyles – Role of Yoga • Concept of Effect of HIV/AIDS, Drugs and Substance Abuse, Role of NSS in their Eradication • Concept and Need of First Aid, Preparation for First Aid. • Role of NSS in Developing a Healthy Lifestyle 	6	0	8
IV	<p>Environment Issues and Role of NSS</p> <ul style="list-style-type: none"> • Introduction to Environment Conservation • Importance of Sustainable Development – SDGs • Concept of Climate Change & Role of NSS Volunteers • Concept of Waste Management & Role of NSS Volunteers • Concept of Natural Resource Management & Role of NSS Volunteers 	6	0	10
V	<p>Disaster Management and Role of NSS</p> <ul style="list-style-type: none"> • Introduction to Hazard & Disaster Management • Classification of Disasters and their Effects • Concept of Disaster Management and Mitigation • Role of NSS in Disaster Management with emphasis on disasters specific to NE India • Importance of Civil Defense Training to NSS Volunteers 	6	0	15

Suggested Readings:

1. NSS Manual published by the Ministry of Youth Affairs & Sports, Govt. of India
2. National Youth Policy Document
3. National Service Scheme - A Youth Volunteers Programme For Under Graduate Students as Per UGC Guidelines by J D S Panwar, A K Jain & B K Rathi (Astral)
4. Communication Skills by N Rao & R P Das (HPH)
5. Biodiversity, Environment and Disaster Management by Shamna Hussain (Unique Publishers)
6. Environmental Studies by P K Pandey (Mahaveer Publications)

Modes of In-Semester Assessment: (40 Marks)

Sessional Exams:20 Marks

Project/Internship: 20 Marks (The project should be prepared based on topics included in the syllabus. Internship can be for any Government agency / NGO involved in community work)

Learning Outcomes

After the completion of this course, the learners will be able to:

1. Explain the role and functions of NSS.
2. Appraise the role of NSS volunteers in developing the society as a whole.
3. Develop the necessary skills of effective communication, leadership and healthy living.
4. Develop the necessary skills to mitigate disasters and other environmental challenges.
5. Develop consciousness about personal health and hygiene.

Course Code: To be Given
Course Name: NSS in Community Engagement
Nature of the Course: Community Engagement (CE)
Distribution of Marks: 30 (End Sem) + 20 (In Sem)
Total Credits: 2 (1 – 0 – 1)

Course Objectives:

1. To explain the many facets of Community Engagement.
2. To appreciate the scope of Community Engagement in the context of NSS.

Course Prerequisite:

- Learner should have opted for the SEC Course titled *NSS for Youth*

Course Contents:

Unit	Topics	Contact Hours		
		Lectures	Tutorials	Experiential Learning
I	Basics of Community Engagement <ul style="list-style-type: none"> • Concept, Ethics and Spectrum of Community Engagement • Local Communities & their Culture, Practice of Community Engagement • Stages, Components and Principles of Community Development • Utility of public resources 	15	0	0
II	Community Engagement for NSS Activities <ul style="list-style-type: none"> • Community Engagement Activities in the Adopted Village – Planning and Execution; 	0	0	45

Suggested Readings:

1. NSS Manual published by the Ministry of Youth Affairs & Sports, Govt. of India
2. Fundamentals of Community Engagement: A Sourcebook for Students (E-book). Available at:
<https://ecampusontario.pressbooks.pub/communityengagedlearningatmcmaster/>

Mode of In-Semester Assessment: (20 Marks)

Project/Internship: 20 Marks (The project should be prepared based on community engagement work done in the adopted village / slum. Internship can be for any Government agency / NGO involved in community work)

Learning Outcomes

After the completion of this course, the learner will be able to:

1. Explain about community engagement
2. Develop the skills necessary to organize and execute community engagement activities.