**CENTRE FOR STUDIES IN PHYSICAL EDUCATION & SPORTS DIBRUGARH UNIVERSITY: Est.-2009** 

email :cspesdu@dibru.ac.in

Dr. Mantu Baro, Director i/c

Phone: 9954934003

**Annexure - IV** 

20 Marks

# ADMISSION NOTICE

# Post Graduate Diploma in Yoga Education (PGDYED), one year (Two Semesters) PROGRAMME: SESSION 2022 - 2023

Application in prescribed forms are invited for admission to the following programme in the session: 2022-23

## Post Graduate Diploma in Yoga Education (PGDYED), one year (Two Semesters)

## **Eligibility:**

Graduate with in any discipline from recognized university with a minimum of 50% mark in aggregate. Preference shall be given to the candidate who studied physical education as compulsory/elective subject and having participation at least in minimum Inter- District/School Competitions in Yoga/Sports and Games as recognized by the AIU/IOA/SGFI/Govt. of India.

Relaxation in the percents of marks in the gualifying examination and in the reservation of the seats for SC/ST/OBC and other categories shall be as per the rules of the Central Govt. /State Govt. whichever is applicable

## Important dates

Date of Online Application process will beg	in from : As per the main Notification
Last date of receiving the Online filled in Application Form: As per the main Notification	
Date of Entrance Test	: 06.09.2022
Declaration of Result of Entrance Test	: 07.09.2022
Date of Admission	: As per main Notification
Commencement of Class	: As per University notification.

## **Criteria of Selection Test:**

D. Academic performance (qualifying exams)

A. Written Test:	30 marks
B. Physical Fitness Test:	30 Marks
Test Items:	(5X6=30)
1. 50 mts Sprint	
2. 1000 mts Run	
3. Standing Broad Jump	
<ol><li>Standing Backward Throw (Medicine Ball)</li></ol>	
5. Bent Knee Sit –Ups	
6. Agility Test ( Shuttle Run)	
C. Yoga Sports Achievement:	20 Marks

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Note:

- Documents required at the time of Entrance are as follows:
  - 1. Hard Copy of Application form along with copy of all the Educational Testimonials need to submit and must produced Original Testimonials during verification.
  - 2. Sports Achievement Certificate
  - 3. Medical Fitness Certificate
  - 4. Risk Certificate (Format will be provided at the time of reporting for entrance)
- Personal Sports Kit (Proper kits is mandatory to appear in Physical Fitness and Sports skill test)

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Dr. Mantu Baro Centre In-charge Centre for Studies in Physical Education and Sports Dibrugarh University