Pharmacological screening of Centella asiatica for its anti-amoebic properties: An in-silico approach

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Abstract

Centella asiatica, or Indian pennywort is a herb and is well-known for its medicinal properties according to ancient literature and scientific reports. Infection of Entamoeba histolytica results in amoebic dysentery, amoebic liver abscess and is one of the leading cause of mortality worldwide. Amoebapore proteins are one of the key virulence factors of E. histolytica which have been found to be involved in the pathogenesis of liver abscess. The objective of the study was to identify the anti-amoebic properties of the phytochemicals present in C. asiatica and evaluate the drug likeliness of the compounds. As per literature survey, 46 compounds were recognized from C. asiatica. ADMETox screening was performed using Mobyle RPBS. The structure of Amoebapore was adopted from Protein Data Bank (PDB ID- 1OF9). Molecular docking was performed using FlexX. Drug likeliness of the screened compounds was evaluated using Molsoft L.L.C. Out of 46 compounds, 21 were able to dock and few amongst these exhibited strong affinity towards the target as compared to control. Quercetin presented greatest binding affinity to Amoebapore. These compounds also obeyed the Lipinski's rule and passed ADMETox screening. Stronger binding of certain phytochemicals to the target indicates better medicinal properties against the target protein. Also, the compounds abide by Lipinski's rules, thus revealing drug like properties. Thus, quercetin may be considered as an effective anti-amoebic agent.

Keywords: Entamoeba histolytica, amoebic liver abscess, amoebapore, molecular docking, herbal drug.

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1. Introduction

There is an increasing trend of using natural products for remedial purposes. As per reports, 80% of the population depends on herbal medicine (Ekor, 2013). Centella asiatica or Indian Pennywort also known as Gotu Kola, Mandukaparni, Jalbrahmi or Thankuni belonging to the Umbelliferae (Apiceae) family is a perennial herbaceous creeper with soft, slender green stalk and round leaves (Gohil et al 2010; Sushen et al 2017). The plant bears light purple to pink or white flowers and oval fruits. It grows in tropical, swampy areas widely distributed in and around Asia (Gohil et al 2010). Centella asiatica (CA) has been used since ancient times both in Ayurvedic (Babu et al 1995) and Chinese traditional systems (Gohil *et al* 2010). This plant has also been used by the traditional healers in some parts of the continent including Bangladesh (Kadir et al 2014). CA extract has been used in traditional wound healing and these properties have been validated through *in vivo* studies (Gohil *et al* 2010). CA has also been used as a nerve tonic since the ancient time and is well known as a neuroprotective agent (Sushen *et al*) 2017). CA extracts possess memory enhancing properties apart from being effective in Alzheimer's disease (AD) (Gohil *et al* 2010). These herbs are also used in case of venous insufficiency (Gohil et al 2010), piles (Devi Prasad et al 2013) and other bowel disorders. CA also possess antimicrobial and antifungal (Jagtap et al 2009); anti-ageing and antioxidant (Pittella et al 2009); antidepressant, antiepileptic and sedative (Gohil et al 2010); anxiolytic (Wanasuntronwong et al 2012); anti-inflammatory, anticancer, anti-diabetic, cardio-protective and radio-protective properties (Sushen et al 2017). There has been some reports regarding the anti-amoebic properties of CA. The herb consists of saponins, tanins, free amino acids, flavonoids, sterols, essential acids with major part being the saponins (Gohil *et al* 2010).

Entamoeba histolytica is a protozoal parasite belonging to the family Entamoebidae. E. histolytica has been reported to possess cytolytic properties as a result of which it disrupts the intestinal mucosa, penetrates host tissue thereby causing ulcer, amoebic dysentery, amoebic liver abscess (ALA) and other related disorders (William 2008). Amoebiasis and associated disorders are the third leading cause of mortality worldwide (Davis *et al* 2017). The key virulence factors identified till date are the Gal/GalNAc lectin which mediates adhesion to host cells (William 2008), *Amoebapores* that produce pores in the host cells (Lynch *et al*) 1982; William 2008) and Cysteine Proteases which are responsible for tissue

invasion (William 2008; Ralston and William 2011). Amoebapores are family of small channel forming peptides present in the cytoplasmic vesicles of the trophozoites that have maximum activity in acidic pH (Ralston and William 2011). Three isoforms of amoebapores have been reported- A, B and C occurring in the ratio 35:10:1 (Leippe 1997; William 2008) respectively. But according to few reports the ratio of the amoebapore A, B and C is 29:9:1 (Bracha et al 2002). Amoebapores kill human Jurkat T cells and produce pores on host cells (Andrä 2004). It has been found that inhibition of amoebapore gene expression leads to the loss of virulence in E. histolytica accompanied by a reduced occurrence of ALA in vivo, thus suggesting it to be a key factor in tissue invasion (Bracha et al 2002). Amoebapore type A consists of 77 residues with 5 alpha helices and the structure has been termed as folded leaf structure (Grotzinger et al 2004).

The traditional healers used CA for treating stomach disorders (Kadir et al 2014), which may also include amoebiasis. Thus, the present *in-silico* study aims at evaluating the antiamoebic potential of the phytochemicals present in CA. Since amoebapores are one of key pathogenic factor involved in host tissue penetration, it has been considered as the target for the present study to assess the anti-amoebic activity of CA. This study is the first of its kind that reports the putative amoebapore inhibitory components in CA. This herb is easily available and hence may prove useful in designing novel drugs against E . *histolytica* and other disease causing agents against which CA has been reported to be effective.

2. Materials and Methods

2.1 Selection of Phytochemicals and Inhibitors:

Literature were searched for obtaining information on the biologically active phytochemicals of CA. Binding Database was searched for selecting conventional protozoal inhibitors which represented the control group for this study. ACD/ChemSketch and NCBI-Pubchem database was used to draw the structure and determine Simplified Molecular-Input Line-Entry (SMILE) notation of the compounds and the inhibitors.

2.2 Target selection: Amoebapore proteins have been found to have a major role in the pathogenesis of E. histolytica but there was no evidence relating the effect of CA on this protein. Keywords involving the combination of words 'Centella'

asiatica', 'Entamoeba histolytica' and 'amoebapore' were searched in NCBI-PubMed but no results were found. Hence, amoebapore A was considered as the target for the present study. Structure of amoebapore A (Grotzinger et al 2004) was adopted from RCSB-Protein Data Bank (PDB). The PDB-ID of amoebapore A is 1OF9. (Fig.1).

Fig1: Structure of Amoebapore A. Source: RCSB-Protein Data Bank (PDB). The PDB-ID of amoebapore A is 1OF9.

2.3 Absorption Distribution Metabolism Excretion Toxicity (ADME-Tox) filtering:

The ADME-Tox analyses of the phytochemicals was conducted using Mobyle RPBS server. This analysis was done to find out if the compounds had the ability to act as drug or drug like molecules. Basically, it was evaluated whether the compounds abide by the Lipinski's rule of five and few other parameters which add to the absorption, distribution, metabolism, excretion and toxicity properties of the compound under test. The SMILE notations of the phytochemicals were collected from NCBI-Pubchem database. The SMILEs were converted to SDF format using Open Babel software. The phytochemicals were uploaded in the Mobyle RPBS server in the SDF format.

2.4 Molecular Docking:

Molecular docking was performed according to Chowdhury et al, 2012. Docking of the phytochemicals as well as inhibitors with the target protein was performed

separately to determine their binding affinity with the target. The docking score of the phytochemicals and inhibitors with that of the target was recorded. The phytochemicals/inhibitors and target protein were in SDF and PDB format respectively. Docking was done using FlexX software.

2.5 Drug-Likeness and molecular property prediction:

Drug likeliness of those phytochemicals were evaluated which displayed strong affinity towards the target. The SMILE notations of those compounds were submitted to Molsoft L.L.C server for this analysis.

3. Results:

3.1 Phytochemicals and inhibitors:

46 biologically active phytochemicals were identified from literature which includes 1,5-di-O-caffeoyl quinic acid, 3,4-di-ocaffeoyl quinic acid, 3,5-Di-Ocaffeoyl quinic acid and 4,5-di-O-caffeoyl quinic acid (Satake et al 2007); (20R) ginsenoside Rg3 and (20S)-ginsenoside Rg3 (Weng et al 2011); 3-epimaslinic acid (Yoshida et al 2005); Apigenin (Bhandari et al 2007); Asiatic acid (Yoshida et al 2005; Rafamantanana et al 2009); Asiaticoside (Rafamantanana et al 2009); Asiaticoside F and Asiaticoside G (Nhiem et al 2011); Bayogenin (Orhan et al 2012); Brahminoside (Orhan et al 2012); Cadiyenol (Govindan et al 2007); Campesterol (Gohil et al 2010); Castilliferol (Satake et al 2007); Castillicetin (Orhan et al 2012); Centellasaponins B, C and D (Matsuda et al 2001); Chlorogenic acid (Satake et al 2007); Corosolic acid (Yoshida et al 2005); Dgulonic acid and Docosyl ferulate (Yu et al 2007); Ginsenoside Mc, Rk1, Rg5 and Y (Weng et al 2011), Irbic acid, Isochlorogenic acid (Orhan et al 2012); Kaempferol and Kaempferol-3-O-ß-D-glucoside (Satake et al 2007); Madasiatic acid, Madecassic acid, Madecassoside and Myricetin (Orhan et al 2012); Pomolic acid (Yoshida et al 2005); Quadranoside IV (Nhiem et al 2011); Quercetin (Satake et al 2007; Bhandari et al 2007); Rutin (Bhandari et al 2007); Rosmarinic acid (Yoshida et al 2005); Sceffoleoside (James and Dubery 2009); Stigmasterol (Gohil et al 2010); Ursolic acid (Orhan et al 2012) and Vitamin C (Singh et al 2011).

As of the inhibitors, 25 known protozoal inhibitors have been taken from Binding database whose IDs are: BDBM50331776, BDBM19518, BDBM50331771, BDBM50331786, BDBM50331779, BDBM50331772, BDBM50331775, BDBM50331788, BDBM50331783, BDBM50331782, BDBM50331774

(Beaulieu et al 2010); BDBM50229129 (Chen et al 2008); BDBM50157204, BDBM50114613 (Fuji et al 2004); BDBM50114608, BDBM50114622, BDBM50114628, BDBM50114615, BDBM50114653, BDBM50114644, BDBM50114602 (Du et al 2002); BDBM50393873 (Filho et al 2012); BDBM50303409, BDBM35503 (Mott et al 2010); BDBM50007630 (Ferreira et al 2014).

3.2 ADME-Tox Filtering:

All the 46 compounds passed the filtering but D-gulonic acid was identified as an empty structure whereas 4, 5-di-O-caffeoyl quinic acid; (20R)-ginsenoside Rg3 and Isochlorogenic acid were duplicates. Finally, 42 compounds were screened. Although there were several criteria in this filtering tool, the following parameters were taken into consideration for screening the compounds according to *Lipinski's* rule of five and Drug like soft filter of FAFDrugs4 server (Table 1).

- 3.2.1 *Molecular weight (MW)*: 20 compounds were found to have MW less than 500 Da (Fig.2a).
- 3.2.2 LogP or Partition coefficient between octanol and water: 23 compounds have LogP less than 5 (fig.2b).
- 3.2.3 Hydrogen Bond Acceptor (HBA): 23 compounds have HBA ≤ 10 (Fig.2c).
- 3.2.4 *Hydrogen Bond Donor (HBD)*: 19 compounds have HBD \leq 5. (Fig.2d).
- 3.2.5 *Topological Polar Surface Area (tPSA)*: 23 compounds have tPSA \leq 180. (Fig.2e).
- 3.2.6 *Rotatable bonds*: 39 compounds have rotatable bonds ≤ 11 (Fig.2f)
- 3.2.7 Rigid bonds: 28 compounds have rigid bonds ≤ 30 .
- 3.2.8 Solubility Forecast Index: 37 compounds exhibited good solubility.

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Where, MW= Molecular weight; LogP= Partition coefficient between octanol and water; HB= hydrogen bond; tPSA=
Topological Polar Surface Area

Frequency

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Figure 2 (a-f) ADMETox screening. 2a: Molecular weight (daltons) of the compounds as deduced by ADMETox screening on Mobyle RPBS server. Frequency indicates the number of corresponding compounds; 2b: the LogP of the compounds as deduced by the ADMETox Screening. As evident from the graph, most of the compounds have LogP less than 5 and hence obeys Lpinski's rule; 2c: Illustrates the number of Hydrogen Bond Acceptors of the compounds. 23 of the compounds have HBA less than or equal to 10; 2d: Illustrates the number of Hydrogen Bond Donors of the compounds. 19 of the compounds have HBA less than or equal to 5; 2e: Illustrates the value of tPSA for the compounds. 23 compounds have tPSA less than or equal to 180; 2f: Illustrates the number of rotatable bonds in the compounds. 39 compounds have rotatable bonds less than or equal to 11.

3.3 Molecular Docking:

All the compounds were used for docking with the target protein. Similarly, the inhibitors were also docked to the target. 21 compounds were able to bind to the target which are 1,5-di-O-caffeoyl quinic acid; 3,4-di-O-caffeoyl quinic acid; 3,5- Di-O-caffeoyl quinic acid; 4,5-di-O-caffeoyl quinic acid; Apigenin; Cadiyenol;

Campesterol; Castillicetin; Chlorogenic acid; D-gulonic acid; Docosyl ferulate; Ginsenoside Mc; Isochlorogenic acid; Kaempferol; Kaempferol-3-O-ß-Dglucoside; Myricetin; Quercetin; Rutin; Rosmarinic acid; Stigmasterol and Vitamin C. Strongly docked compounds were those having more negative scores. The docking scores of the 21 compounds along with bonded residue, bond energy and bond length are provided in Table.2a. Similarly, out of 25 inhibitors, 20 were able to bind to the target. The docking score of each of the inhibitors are depicted in Table.2b.

Quercetin displayed maximum binding to the target protein with a score of - 11.852 (Fig.3a, b, c), followed by Apigenin having a score of -9.34 (Fig.4a, b, c). One of the inhibitors whose Binding DB ID is BDBM50303409 displayed greater binding to the target as shown by the score -12.00 (Fig.5).

Fig.3c

Fig.3a & 3b: The 3D docking pattern of Quercetin with Amoebapore A; 3c: The pose view of docking of quercetin with the target

Fig.4a & 4b: The 3D docking pattern of Apigenin with Amoebapore A; 4c: The pose view of docking of apigenin with the target

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Fig.5: The pose view of docking of the strongest inhibitor, BDBM50303409 with the target

Table 2a: Docking score, bonded residues, bond length and bond energy of compounds

Phytochemical Name	DS	BR	BL	BE
1,5-di-O-caffeoyl quinic acid	2.317	H51 O LEU-4-A	1.90	-4.7
3,4-di-O-caffeoyl quinic acid	0.358	H59 O LEU-4-A	1.95	-4.7
3,5-Di-O-caffeoyl quinic acid	-3.467	H52 O LEU-4-A	1.90	-4.7
		H59 O LEU-7-A	2.13	-2.6
4,5-di-O-caffeoyl quinic acid	0.358	H59 O LEU-4-A	1.95	-4.7
Apigenin	-9.34	H30_O LYS-37-A	1.90	-3.6
Cadiyenol	15.034	O28 H ALA-38-A	1.90	-3.6
Campesterol	2.239	H71 O ALA-38-A	1.94	-2.7
Castillicetin	-1.451	H48 O LEU-4-A	1.98	-4.7
Chlorogenic acid	-5.142	H40 O ALA-38-A	2.25	-1.7
		H41 O LEU-4-A	1.92	-4.7
		H42 O LEU-4-A	1.90	-4.3
D-gulonic acid	-0.042	H20 O LEU-34-A	1.80	-4.7
		H21 O CYS-35-A	1.60	-2.6
		O10 HLYS-37-A	2.11	-3.6
		H ₂₄ O LEU-4-A	2.39	-2.4
Docosyl ferulate	10.345	H87 O LEU-45-A	1.99	-4.7
Ginsenoside Mc	20.85	H91 O ALA-38-A	1.90	-2.7
Isochlorogenic acid	-0.05	H59 O LEU-4-A	1.90	-4.7
Kaempferol	-8.361	H31 O LYS-37-A	1.90	-3.6
Kaempferol-3-O-ß-D-glucoside	5.525	H50 O LYS-37-A	1.90	-3.7
		H51 O LYS-37-A	2.17	-4.0
Myricetin	-9.016	H26 O CYS-35-A	1.75	-3.8

(Contd.)

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 DS- Docking score; BR- Bonded residue; BL- Bond length (in Angstrom); BE-Bond energy. Docking scores in terms of kcal/mol.

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Table 2b: Docking scores of inhibitors (controls)

3.4 Drug-Likeness and molecular property prediction:

Quercetin and Apigenin have been found to have drug likeliness model score of 0.93 (Fig. 6) and 0.77 (Fig. 7) respectively. MW for quercetin and apigenin are 302.04 and 270.05 whereas the logP for quercetin is 2.11 and 3.06 for apigenin. Quercetin contains 7 hydrogen bond acceptors and 5 hydrogen bond donor. On the other hand apigenin contains 5 hydrogen bond acceptor and 3 hydrogen bond donor. The overall properties are depicted in the figures as mentioned above.

Fig.6: Drug likeliness of Quercetin (as per Molsoft L.L.C). The drug likeliness score of quercetin is 0.93.

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Fig.7: The drug likeliness model of Apigenin. Drug likeliness score for apigenin is 0.77

1. Discussion:

The present study evaluates the anti-amoebic potential of the compounds present in Centella asiatica. As already mentioned, CA has been used since ancient times as a medicinal herb to combat various diseases. For this study, the compounds have been selected through literature survey and analyzed for their binding affinity to the target protein i.e. amoebapore A, the pore forming protein of E . histolytica. The ADME-Tox properties of all the reported compounds have been evaluated. Lastly, the drug likeliness for the compounds have been assessed for those which showed better binding affinity to the target protein.

The phytochemicals that were selected for this study have been reported to be active in various biological processes. The inhibitors i.e. controls included in this study are well established anti protozoal agents. As evident from Fig (2a-2f), most of the compounds abide by the Lipinski's rule. A molecule to act as a drug, must have MW less than or equal to 500 daltons; HBA, HBD within 10 and 5 respectively and Log P i.e. Partition coefficient between octanol and water within 5 (Lipinski et al 2001; Loftsson 2015). Most of the compound screened in this study abides by the range as mentioned above. According to the Drug-like soft filter (Lipinski 1997; Oprea 2000, 2001; Irwin and Shoichet 2005) generated by FAFDrugs4, Topological Polar Surface Area or tPSA for drug like molecule lies within 180, rotatory bonds and rigid bonds lie within 11 and 30 respectively. 28 compounds belonging to CA stand by this range. In this study, most of the compounds were found to abide by this range too. As of Solubility forecast index

almost all of the compounds exhibited good solubility. Thus, most of the compounds of CA display better ADMETox properties.

Molecular docking scores (kcal/mol) revealed considerable binding affinity of some compounds to the target protein as compared to the control. Thus Quercetin, followed by Apigenin exhibited stronger binding amongst the 21 docked compounds as evident from the docking score (Kitchen *et al* 2004); although one of the control seemed to have slightly stronger binding affinity towards the target. Out of 21 compounds, 12 compounds have been observed to bind with one or more Leucine (Leu) residues on the target protein (Table 2a). In case of quercetin, it has docked with the target at two leucine residues (Fig 3c) suggesting that these leucine rich region may act as active sites of amoebapore protein for binding of drug like molecules. The drug likeliness prediction of quercetin and apigenin inferred drug like properties for both since MW, logP, HBA and HBD values for these two compounds follow Lipinski's rule.

Thus, it is vivid that most of the compounds from CA have the ability to act as drug like molecules which is also evident from previous records. Amongst all the compounds from CA, Quercetin and apigenin have exhibited anti-amoebic potential since these could bind strongly to the target. Apart from this, the two compounds exhibited almost all properties that define drug like nature of a molecule.

2. Conclusion:

From this in-silico study it is hereby concluded that some of the compounds from CA possess anti-amoebic properties. Also, the drug like properties of CA that has been known since many years can be established by this work. CA is available easily and hence can be used as a household remedy for many diseases including amoebic dysentery and other parasitic infections but the quantity should be controlled to avoid over dosing. Further *in vivo* and *in-silico* research is necessary to establish the amoebapore inhibitory effects of CA. Herbal products are comparatively safe with respect to healing properties and ecological benefits. Keeping in mind the metabolism and bioaccumulation of synthetic drugs, it is suggested that the herbal compounds may be preferred over synthetic products. Centella asiatica is having multipurpose disease combatting potential and it can be further analyzed for pharmacological applications.

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